

Start your luxury adventure today!



The cycling, the scenery and the people makes it perfect.



Our Packages



Living the Dream!

Our Spanish Packages

Jalon - The Home of Cycle Retreats

The Marina Alta region is a cyclists paradise and has long been the home of Cycle Retreats with endless smooth roads with terrain to suit all types. Get ready to be blown away by the beautiful climbs and the perfect climate, where you will enjoy some breathtaking miles. Relax in style where the only thing you have to think about is riding your bike. Once you arrive, sit back, relax, unplug, and ride!

This is the cycling holiday dreams are made of. From the moment we pick you up at the airport, every detail is taken care of: from the perfectly fitted carbon fibre bike to the exquisite three course evening meals with selected wines.

We have routes that can cater for most abilities and we split our ride itinerary into chilling and challenging rides, both type of routes can be enjoyed daily. Please read on to find out more about our chilling and challenging routes.

At Cycle Retreats you don't have to worry about anything! Our qualified guides will ensure that your time in the saddle is pitched perfectly for you. Should you need a sports massage at the end of a long day, we can arrange that for you. All we ask you to do is jump on a flight, unplug your brain and let us take care of the rest.

Rest assured, we have thought of everything for a perfect bespoke cycling holiday.

Cycle Retreats | Cycling done your way



Our Exclusive Retreats

Discover an Unrivalled Experience with Our Exclusive Retreats

Our guests have the opportunity to experience something truly one-of-a-kind with our exclusive retreats. We offer luxurious accommodations at a high-end boutique hotel, along with delectable catering provided by our dedicated team. But wait, there's more – you'll also have the chance to connect with like-minded individuals and to meet the esteemed Mr and Mrs Retreats.

Whilst dining at Cycle Retreats, the emphasis is on sourcing the best local produce. By working closely with a local farmers and suppliers, the team is able to ensure that the ingredients used in the meals are fresh and in season. This not only makes the food taste better, but it also means that it's packed full of nutrients.

Pausing to Unwind and Relax



Our Spanish Weekender Retreats

Spanish Weekender

If you are looking for a unique and active weekend getaway, Cycle Retreats might just be what you need! Cycle Retreats offers a luxurious and relaxing experience for cycling enthusiasts who want to explore the beautiful countryside on two wheels for a weekend. By staying in one of Cycle Retreats' exclusive Retreats, you will be able to share your space with like-minded individuals who are also looking to enjoy a weekend full of cycling adventures. During your weekend stay, you will be able to indulge in the luxury of your accommodation, with all the amenities and comforts you need to unwind after a day of cycling.



*Pausing to
Unwind and Relax*

Hotel Syncrosfera Weekender

Syncrosfera is the ultimate destination for anyone who wants to experience the lifestyle of professional athletes. With a range of facilities that include a 25m all-weather swimming pool, altitude training rooms, fully fitted out gym, and even hyperbaric chambers, you'll have everything you need to train like a pro. Relax and unwind in the stunning restaurant and bar, which boasts some of the best views in the area.

With the guidance, expertise and experience you'll receive from the Cycle Retreats team, you'll be able to take your training to the next level.



Our Ladies Coached Weekender Package

Due to the success of our recent Winter Ladies Coached Weekender & Training Programme we are running them again!

Please note we have a maximum of 9 ladies only on each one.

The program will have everything you need to improve your cycling fitness and hopefully gain a little bit of knowledge along the way.

This full weekender of coaching and training is a great way to boost your cycling fitness and knowledge, plus you will make some great friends along the way. This weekender has been a firm favourite with our chicas and many are returning for it again this year, so join the cycling party.

TRAINING PROGRAMME

6 weeks of focused training, both on and off the bike, can make a real difference to your cycling fitness especially when you are made accountable in a supportive environment.

The program will have everything you need to improve your cycling fitness and hopefully gain a little bit of knowledge along the way. This programme is made available to all ladies who take up the weekender also.



Just Stunning

The Ultimate Experience Week

After years of hosting guests at Cycle Retreats we have developed what a luxury cycling holiday feels and looks like.

Rural Retreat in Jalon

The Ultimate Experience holiday brings all of the most luxurious parts that Cycle Retreats guests can experience on and off the bike. This is a one of week of high-end cycling with a complete package to take your cycling to another level while we offer you the best experiences both on and off the bike.

On the bike... the Ultimate Experience week will see your steed being a high end bike which is included in the holiday cost. There are more guides and support cars to make you feel completely supported and give you further options for #cyclingdoneyourway

Off the bike... The Ultimate Experience Week brings you more experiences. We have two guest chefs who offer a different fusions of cuisine, accompanied by a wine tasting to pare with these wonderful foodie experiences. On the last evening is a gala dinner with a cocktail hour and canapes, followed by local musicians bringing a real flavour of Spain.

The Ultimate Experience rest day will be like no other! The boat excursion, followed with lunch by the sea, is a perfect time for a dip in the stunning waters of the Mediterranean sea. To ensure you are totally pampered, the day include a massage to ease those muscles to get you feeling tip top for the next day in the saddle.

Before the holiday even takes place you will be invited to join The Edge, created by Scott Pearson. Scott has been helping people improve for as long as he can remember, but is best known for his work for coaching team GB in the 2016 games in Rio. The Edge will improve your on bike performance and help you achieve your cycling goals. We then take this one step further by having Scott on hand for the Ultimate Experience week where we will have specific sessions led by the industry expert.



Jalon Cycling Routes

Chilling Riders

These routes are ridden at a relaxed pace where the focus is as much about the holiday experience as it is about the cycling

The distance covered in a day is approximately 70km - 85km and whilst this may sound quite far, we have all day to cover the distance. The maximum you will ride at any one time is around 90 minutes before stopping for refreshments or lunch.

We take in some beautiful routes which are much gentler in terms of elevation but enough to feel challenged. In terms of elevation, you need to be comfortable climbing 500m to 1200m during the day on some wonderful and smooth rolling roads. All rides are guided with a support vehicle on call.

We manage the rides with a flexible approach to ensure that whilst you will feel pushed you don't feel that the challenge is too much... after all it's your holiday!

Chilling rides are led by qualified guides everyday so friends of different abilities can holiday together.

Cycle Retreats | Cycling done your way



Jalon Cycling Routes

Challenging Riders

Best suited for seasoned cyclists or triathletes that have a wealth of experience in the saddle.

Whilst our retreat is not a training camp, we have countless breath-taking routes ranging in distance and difficulty from 80km of rolling roads to epic 140km challenging routes taking some of the most famous climbs in the area.

We always stop at a local café for refreshments and then lunch at local traditional cafes to soak up the local ambience. All the rides are guided with a support vehicle on call.

Stunning Views



Spanish Retreats

Andalucia

Andalucia is a large autonomous region of hills, rivers and farmland bordering Spain's southern coast. Andalucía is one of Spain's best kept secrets in terms of cycling, roads are smooth and quiet with winter temperatures ranging between 16- 22, it makes for a wonderful winter cycling location. The region offers undulating coastal roads, challenging mountain climbs and stunning vistas. All of which are synonymous with a Cycle Retreats Holiday.

Living the Dream!



Girona

Girona is a city in Spain's north-eastern Catalonia region, beside the River Onyar. It's known for its medieval architecture. Its landscaped gardens line the Passeig Arqueològic, a walkway following the Old Quarter's medieval walls, which include watchtowers with sweeping views. Girona, was the location of our very first pop up back in 2019 and is back by popular demand. Girona really is a paradise for cyclists and is known as a favourite to many a professional cyclist. The area provides a diverse range of terrain including some epic climbs, coastal routes all wrapped around a wonderfully historic centre.



French Retreats

Annecy

Annecy is an alpine town in south-eastern France, where Lake Annecy feeds into the Thieu River. It's known for its Vieille Ville (old town), with cobbled streets, winding canals and pastel-coloured houses. Annecy is very close to the border with Switzerland and Italy,

Annecy is one of the most beautiful cities in France and is often described as the Venice of the Alps. The hotel is located on the outskirts of Annecy a perfect location to take on some of the epic 'big ticket' climbs often featured in the Tour de France.



Good Times!



Provence

Provence is famous for its picturesque and diverse landscapes with blossoming lavender in the summer months. It is also famous for the delicious wines and rosés that have been produced in the region for centuries.

The cycling in Provence is made famous by the climb of Ventoux, but what about all the other amazing routes in the area to explore? A vast area that allows for flexibility with every turn, you will ride through adorable sleepy villages, with olive groves and vineyards galore, it is a party for the senses with an undeniable feast of sights and smells.

The Valencia Tour



The Tour of Valencia is another of our carefully put together tours that has everything to make it special for you the cyclist.

This tour only has 7 rooms available so we can give you our full attention and be able to select some of the best Retreats in the region.

Our team will be waiting for you at Valencia airport to transfer you to your hotel. Your choice of hire bike will be there waiting for any final adjustments to be made before heading out the following day for the first day of your tour. That evening we have a welcome meal ready for you and a chance to relax and get to know your group before the tour starts.

Hotels are small and handpicked by us with home cooked evening meals and accompanying wines. All dietary requirements can be taken care of, as always Cycle Retreats look after everything for you on and off the bike.

Your return trip should be to Alicante airport and our bus will return you to the airport on the morning of day 7 at 8am so you get to the airport for 9am. If you would like to stay on for extra nights after the tour then please let us know and we can arrange this for you, plus your ongoing journey. Remember at Cycle Retreats it is all about cycling done your way!

Epic!

The Portugal Tour

Experience the Wonders of Alentejo, Portugal on a Memorable Road Cycling Adventure

Take on the picturesque Alentejo region of Portugal on a road cycling adventure for the ages. This unforgettable journey will lead you through charming villages, where you'll encounter cobblestone streets, whitewashed houses and historical landmarks that will take your breath away.

But wait, there's more – discover the region's rich wine culture as you visit renowned wineries, indulging in tastings of world-class wines amidst breathtaking vineyard landscapes. Each day's ride reveals new discoveries, from the medieval splendor of Évora to the stunning hilltop village of Monsaraz.

Explore the beautiful countryside on smooth tarmac roads that wind through olive groves, vineyards, and fields of sunflowers, witnessing the heart of Alentejo's rural beauty. Get ready to embark on a journey that you'll remember for years to come!

Embrace Living!



The French Alps Tour

Our French Alps Tour takes in some of the classic iconic climbs often featured on the Tour de France and really is a trip of lifetime memories. A stunning and very special tour over 7 nights.

We collect you from Geneva Airport before heading over to the beautiful starting location of Annecy. A stunning back drop to start this tour.

Over the following days we cycle our way through some of the most beautiful scenery including the iconic climbs of the French Alps. The climbs include Galibier, Telegraphe, Coll de Madeline to name a few; and of course finishing with the iconic Alpe d'Huez.

We will then transport you back to Geneva airport for your return journey home.

Breakfast and lunch are provided on this tour and evening meals can be arranged but are not included in the price.

You can bring your own bike or we can provide you with one of our fleet for €250 bikes are disc and Di2 and are subject to availability.

A Wonderful Life!



*What's
Included*

Our Package Summary



Cycle Retreats | Cycling done your way

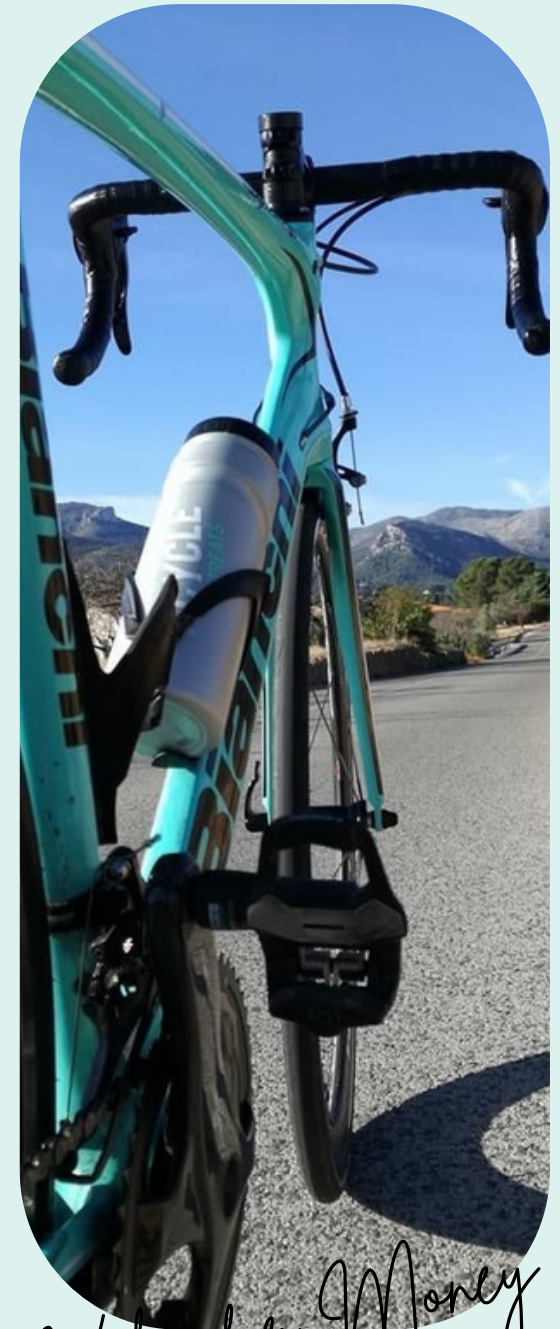
The cycling, the scenery and the people makes it perfect.

Spanish Package Details

This package applies to all of our retreats.

- Airport transfers
- Exclusive luxury breakfast
- Home baked cakes daily (post ride)
- Three course evening meal
- Gala Dinner (one night)
- All soft drinks, coffee and tea
- Unlimited wine and beer
- Retreat hosts a riders fridge stocked with drinks and snacks
- 6-week training programme prior to your holiday
- Guided rides
- Support vehicle on call
- On bike nutrition
- Cycling kit cleaned
- Qualified bike mechanic on site
- Alternative activities arranged if bad weather occurs

Bike Hire is not included in the package but is available at an additional cost - please enquire at the time of booking.



Value for Money

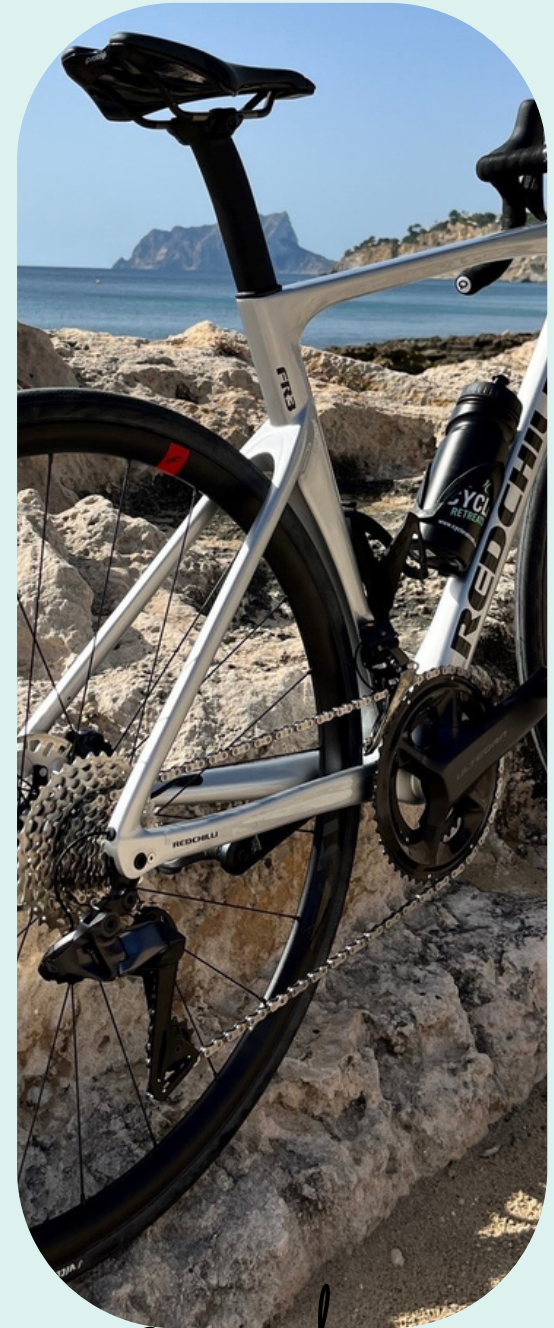
Spanish Package Details

The Ultimate Experience Week Rural Retreat in Jalon

- High End Bikes - Di2 & Disc Brakes
- Accommodation
- Breakfast
- Transfers
- Arrival food
- Evening meals with table wine and water
- Afternoon cake
- The Cycle Retreats Riders Fridge
- Kit washing
- On bike nutrition
- Guided rides with choice of pace
- Support car
- On bike nutrition

and in addition...

- On site strength and conditioning coach
- Stretch sessions pre and post bike
- Pre-holiday strength & conditioning coached App.
- 30 min massage
- Rest day boat excursion
- 2 x guest chef nights
- 2 wine tasting evenings
- Gala dinner with local musicians and cocktail night



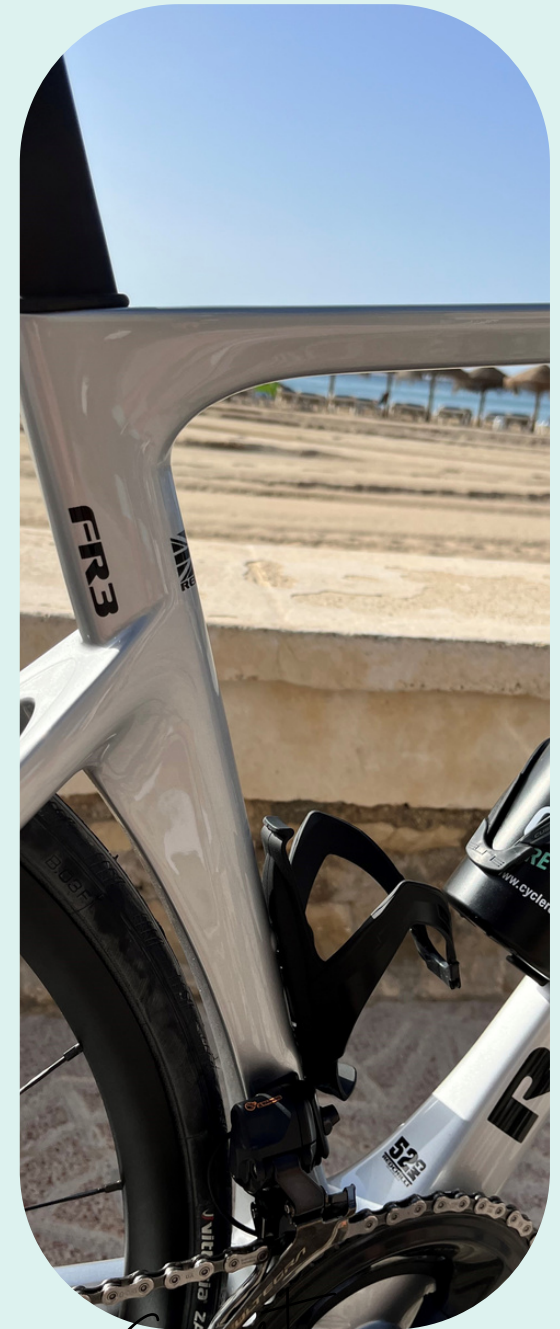
Superb

Ladies Coached Weekender

This package applies to Ladies Coached Weekender.

- Different ability groups
- Detailed questionnaire so your weekend training is tailored to you
- Accommodation
- Airport transfers from and to Alicante Airport
- Full board including lunch
- Pre ride bike nutrition
- On bike nutrition
- post ride recovery nutrition and food
- Evening meal with 1/2 carafe of wine
- Guided rides with a training focus for example descending skills, climbing skills, riding in a group safely, drafting and so much more.
- Daily education slots
- Off bike training, with strength and conditioning experts, Pilates/mobility specialists
- Fully supported with on call vehicle should you need it.
- Cycling Kit washed
- Choice of ability groups
- 30 min sports massage

Bike Hire is not included in the package but is available at an additional cost - please enquire at the time of booking.



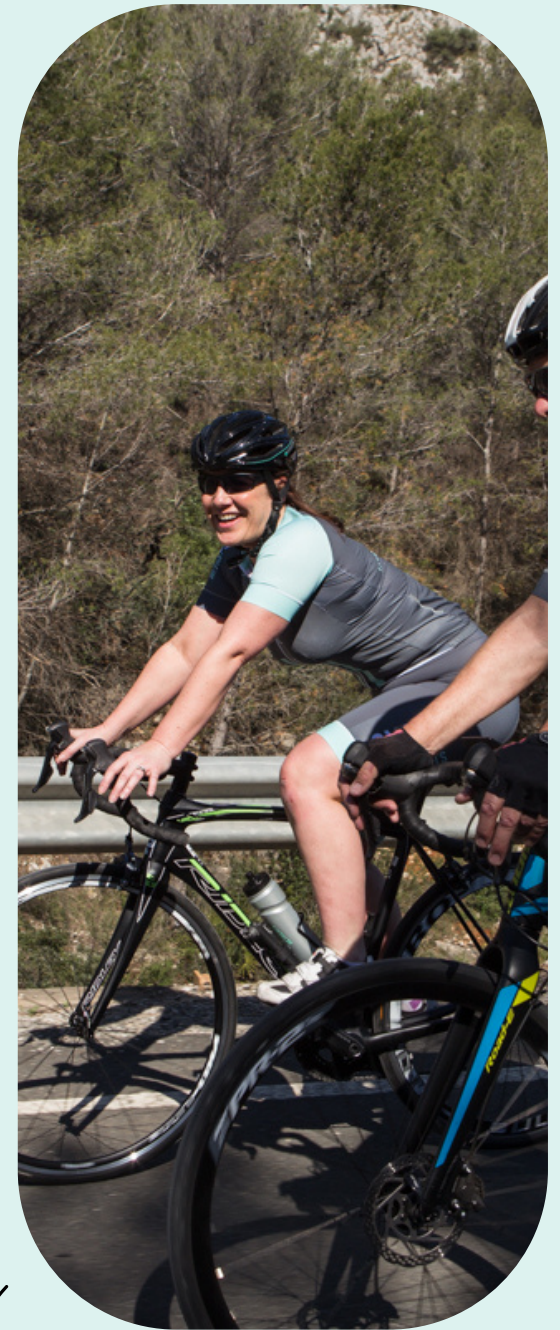
Hotel Syncrosfera Weekender

This package applies to Hotel Syncrosfera.

- Airport transfers
- Bed & Breakfast (Hotel offers half board)
- Evening Meal
- 6-week training programme prior to your holiday
- Guided rides
- Support vehicle on call
- Cycling kit cleaned
- On bike nutrition
- Qualified bike mechanic on site
- Alternative activities arranged if bad weather occurs

Bike Hire is not included in the package but is available at an additional cost - please enquire at the time of booking.

Value for Money



Tour Package Details

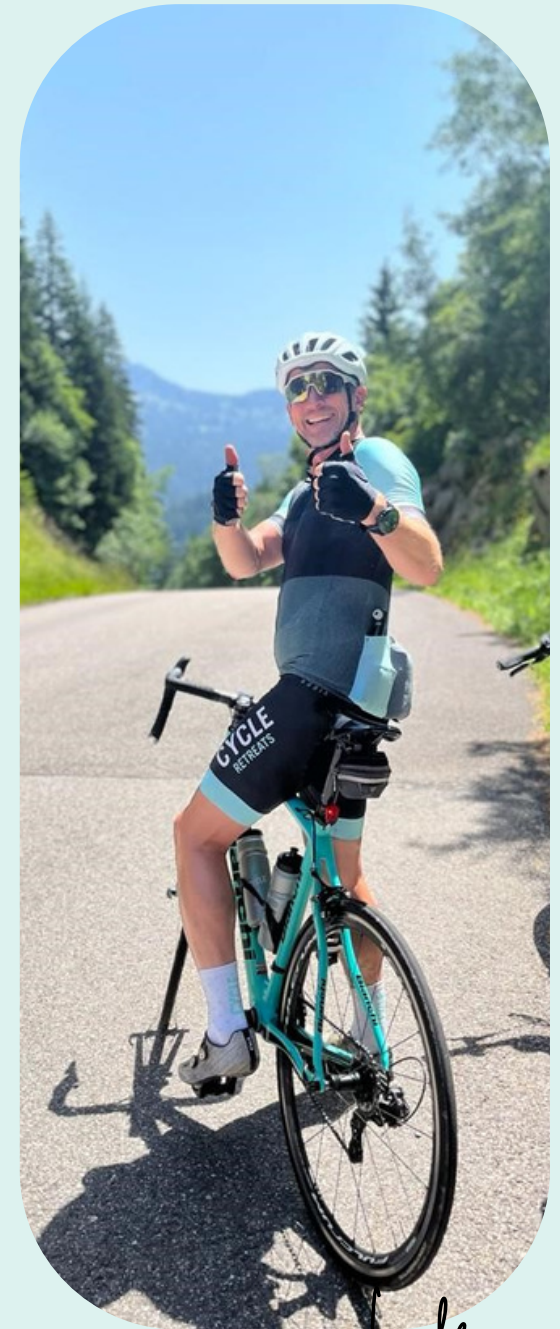
This package applies to all of our Tours

- Accommodation 3* or above
- Airport transport from local airport at designated time
- Transfer of luggage throughout the tour
- Includes breakfast, lunch and drinks
- Evening meal package available at additional cost (see pricing)
- Qualified Guide on the route as a back marker
- Support vehicle with on bike snacks
- Pre ride nutrition
- Route GPX files
- 6-week training programme prior to your holiday

and in addition...

Daily organisation of your baggage to be moved during the Tour

Bike Hire is available at an additional cost - please enquire at the time of booking.



Loving Life



Our Prices

**Including Bike Hire
information and costs**

Bike Hire

We are all about options and completely understand the importance of getting you on the right bike. We have a number of options for you. Bike Hire is available at an additional cost - please enquire at the time of booking.

Hire Bike Specification:

- Full Carbon Frame Road Bike
- Shimano 105/Ultegra Di2 group set
- Disc Brakes
- Compact Chainring 50/34
- Rear cassette 30/11 32/11 or 34/12 (depending on bike group set)

E-Bikes:

- Wilier CENTO10 HY or Basso Road E-bike
- Shimano 105 / Ultegra
- 28/11 cassette with compact chain ring
- Disc brakes



We provide all bikes with Shimano SPD-SL pedals but also carry Look, Time and a small selection of SPD and flat pedals. Just confirm what you ride and we will pop them on for you. If you ride anything different please bring these with you. We are also happy to fit your own saddles to the bikes for that extra comfort.

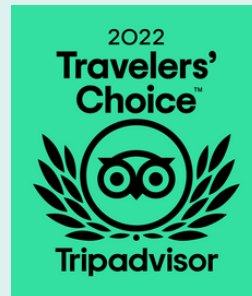
Cost of Bike Hire:

Bike Hire - €250.00 for 7 day hire / €145.00 for 4 days hire.

E-bike Hire - Price to be provided on request

Insurance - €25.00 per week (7days) - insure your hire bike for damage up to €1,000.00

Our Jalon Retreat Package Prices



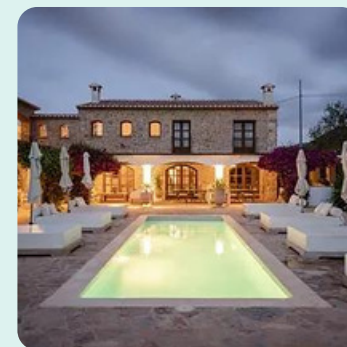
For different durations please contact us on admin@cycleretreats.com.
Groups and clubs of 10 or more, please see our [Group Booking](#) section.
These holidays can be designed to suit you and your group.

Jalon Retreats

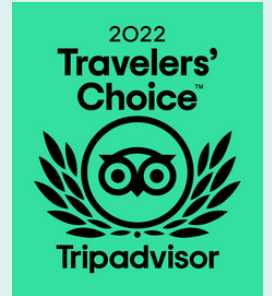
€1,995 per person
7 nights
€325 single supplement
€300 suite upgrade

Ultimate Experience Week

€2,750 per person
€500 single supplement
€300 suite upgrade
Please note that the above package includes bike hire.



Our Spanish Weekender Package Prices



Spanish Weekenders

€1,125 per person
€185 single Supplement

Ladies Coached Weekender

€1,100 per person
no single supplement



Our Additional Retreat Package Prices



Andalucia



€2,175 per person
€325 single supplement
€55 Wahoo with Routes on request

Annecy



Standard - €2,100 per person
Lakeside - €2,400 per person
€325 - single supplement
€55 Wahoo with Routes on request

Girona



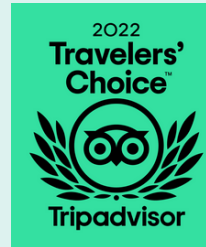
€2,255 per person
€325 single supplement
€55 Wahoo with Routes on request

Provence



€2,310 per person
€325 - single supplement
€55 Wahoo with Routes on request

Our Tour Package Prices



Valencia Tour

€2,200 - per person
Add €300 for full board option

€350 - Single Supplement
€55 - Wahoo with Routes
on request



French Alps

€2,200 - per person
Add €300 for full board option

€350 - Single Supplement
€55 Wahoo with Routes
on request



Portugal Tour

€2,200 - per person
Add €300 for full board option

€350- Single Supplement
€55 Wahoo with Routes
on request



Join our Cycle Retreats family

Joining the Cycle Retreats family is more than just a holiday for cyclists, you become part of a community that has lots of benefits and a community of cyclists that have one thing in common, the joy of spending time on two wheels and sharing the camaraderie of it.

If you have just returned from your first holiday then welcome to the Member Zone Remember the benefits just get better the more time you spend with Cycle Retreats! So let's look at all the benefits you can access now you are part of the Cycle Retreats Family!

Visit our Website for more details.

The
Cycle Retreats App



The Private
Facebook Group



Discount
REDCHILLI Bikes



Cycle Retreats
Loyalty Scheme



Cycle Retreats' Gallery



Cycle Retreats | Cycling done your way

The cycling, the scenery and the people makes it perfect.

Hope to see you at one of our Retreats soon!

If you have any questions or require any further information, please do not hesitate to contact us by e-mailing admin@cycleretreat.com



Cycle Retreats | Cycling done your way

The cycling, the scenery and the people makes it perfect.